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KvK nr 26491206
IBAN nr NL61 ABNA 0839.9673.73
BTW nr 8008.52.540.B.01

Kapchorwa Nature Walk	1-2 hours	Romy, Shadrack				Water (re) fill, walking stick, any possible waterfall entrance fee	Packed lunch, water bottle
Kapchorwa Nature Walk	3-4 hours	Romy, Shadrack				Water (re) fill, walking stick, any possible waterfall entrance fee	Packed lunch, water bottle
Cave Museum visit (add-on Kapchorwa Nature Walk)	20 minutes	Semu				Water (re) fill, walking stick, entrance to the cave	Packed lunch, water bottle
Cave Museum	1 hour	Semu				Water (re) fill, walking stick, entrance to the cave, interactive & practical experiences	Packed lunch, water bottle
Cooking with the Kapchorwa Mamas	2 hours	Shadrack with two mamas	<i>Minimum of 2 participants</i>			Garden experience, cooking experience and the food itself.	Transport to and from the venue (10 minutes outside Kapchorwa Town)
Cave Experience	2 hours	Shadrack with Sebei Cultural Storytellers	<i>Minimum of 5 participants</i>			Water (re) fill, walking stick, group selfie & snacks around the campfire	Transport to and from the venue (10 minutes outside Kapchorwa Town)
Campfire storytelling	1 hour	Shadrack with Sebei Cultural Storytellers	<i>Minimum of 3 participants</i>			Water (re) fill, tea or water, Q&A	Photography
Mengia Village Tour	6 hours (including 2 hours to and from)	Cephus				Water (re) fill, walking stick, lunch in local restaurant, boda way and back	Photography, water bottle, extra snacks, hat
Kapchorwa-Benet Trail	9 hours (including 2 hours to and from)	Cephus, David (Mande)				Water (re) fill, walking stick, packed lunch & boda back	Photography, water bottle, extra snacks, hat
Mosopisiek Trail	2 days	David (Mande)				Water (re) fill, walking stick, boda way and back, packed lunch day 1, meals on location, porter, 2 Community activities and 1 night at David's homestay	Photography, water bottle, extra snacks, hat
Mosopisiek Trail	3 days	David (Mande)				Water (re) fill, walking stick, boda way and back, packed lunch day 1, meals on location, porter, 3 Community activities and 2 nights at David's homestay	Photography, water bottle, extra snacks, hat
Kapchorwa Wilderness Hike	9-10 hours	Shadrack				Guide, packed lunch, water, some bites (bought from the Community), transport (in case of any emergency) and any other tips for the cave men + neighbors	Photography, water bottle, extra snacks, hat
Kapchorwa Wilderness Hike	3-4 hours	Shadrack				Water, some bites (bought from the Community), transport and any other tips	Photography, water bottle, extra snacks, hat

VAT Exempt pursuant to Art.144 and 146 (1) of Council Directive 2006/112/EC

All activities are subject to the latest version Dutch Forwarding Conditions, with the Registry of the Rotterdam Country Court. A copy will be sent to you upon request.

MEMBER OF H. VETH HOLDING BV



Relaxation massage	1/2 hour	Eliza				Professional massage table	00 31 (0) 655 197 568 www.voxts.nl hansj@voxts.nl
Relaxation massage	1 hour	Eliza				Professional massage table	KvK nr 26491206 IBAN nr NL61 ABNA 0839.9673.73 BTW nr 8008.52.540.B.01
		safari THROUGH RUN & BIKE KAPCHORWA					
Guided run	Below 90 minutes	David Cherop, Brian Byaruhunga				Water (re) fill, Strava map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Guided run	Between 90 and 180 minutes	David Cherop, Brian Byaruhunga				Water (re) fill, Strava map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Guided run	Between 180 and 270 minutes	David Cherop, Brian Byaruhunga				Water (re) fill, Strava map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Guided run	Between 270 and 360 minutes	David Cherop				Water (re) fill, strave map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Solo run	Any duration	n.a				Water (re) fill, strave map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Development group session	Any duration					Water (re) fill, strave map, local insights, warm up session, first aid kit, photography	Transportation, T-shirt, post-run refreshments
Sports massage	One hour	Brian Byaruhunga				Water (re) fill	Table, activity on the bed of the client
Sports massage	One and a half hour	Brian Byaruhunga				Water (re) fill	Table, activity on the bed of the client
Mountain bike rental 'Solo'	Between 0 and 180 minutes					Water (re) fill, helmet, free test ride, photography	
Mountain bike rental 'Solo'	Full-day					Water (re) fill, helmet, free test ride, photography	
Mountain bike rental 'Guided'	Between 0 and 180 minutes	Annest Masoboni				Water (re) fill, helmet, free test ride, photography	
Mountain bike rental 'Guided'	Full-day	Annest Masoboni				Water (re) fill, helmet, free test ride, photography	
BeeActive' Honey Tour	2 hours	Caro Chemutai				Honey tasting, a banana, cup of tea, water (re) fill, walking sticks, photography	Farm visit
BeeActive' Honey Tour	3,5 hour	Caro Chemutai				Honey tasting, a banana, cup of tea, water (re) fill, walking sticks, photography	